EIGHT POWERFUL PRAYERS FOR *Restoration*

AND THREE JOURNAL PROMPTS

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FOR·GIVE
/fɔr'ɡiv/

verb
1. to stop feeling angry or resentful toward (someone) for an offense, flaw, or mistake.

Forgiveness is often looked over when we are in prayer. We bring our petitions and our struggles to the Lord, but we forget to search our hearts for the very thing that could be poisoning our prayer life. Forgiveness is powerful, but that power works both ways. We are powerfully set free when we choose to forgive both others and ourselves! However, that same power is also crippling to our bodies when we choose not to forgive. Walking in unforgiveness binds us to the person who hurt us and makes us their victim. Despite being able to function regularly day in and day out, having the yoke of unforgiveness around our necks can really slow us down. Along with our praise and requests, we should bring forgiveness to our prayers so that God will also forgive us of our sins and transgressions.

"And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins"

Mark 11:25 NIV.

1. FORGIVENESS

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

COLOSSIANS 3:13

Heavenly father, I lift your name up and I praise you for being Alpha and Omega, the beginning and the end.

Father thank you for your grace and your mercies that renew daily in my life. Father I come to you now and I lay every mistake, every failure, and every sin at your feet. Please forgive me of my sins. Forgive me of my iniquities and everything known and unknown that would keep me from your presence. Father just as you forgave me, I now forgive everyone who has wronged me. Please draw out any unforgiveness that I am harboring and replace it with peace. Holy Spirit please bring to my memory anyone I need to forgive, so that I can forgive them just as you forgave me. I forgive myself for trying to be my own God, for trying to work out of flesh and not under grace. Forgive me Lord and search my heart continually. Would you restore unto me a right spirit so that I can walk under the shelter of you, Almighty. Thank you for cleansing me and for blotting out my iniquities. Please keep me in your presence and let your Holy Spirit pour out fire over me. Refine me oh Lord, so that my mind can be restored.

In Jesus name, Amen!



re·pent
/rə'pent/

verb
1. the change of one's mind or purpose for the better.

Repentance. This word often leaves a bad taste in the mouth of believers. Whether you are new to Christ or a seasoned saint, repentance is something you can do daily! So, why repent? Well let's break down the definition of repent. The word repent in Hebrew and in Greek is very different from our English translation of the word. Repentance is more accurately described as an action of turning back in Hebrew or to reconsider in Greek. When we consider the root word of repent in both languages we find a comforting definition that simplifies this word. Coming to prayer with a heart of repentance makes us pliable to the will of God. When we lay down our mistakes and shortcomings at the Lord's feet, we surrender our ways and take on God's ways. We choose to no longer do things that are harmful to us or others, and we make up our mind to lean into God's will and purpose for our lives.

"For My thoughts are not your thoughts, Nor are your ways My ways," says the Lord.

Isaiah 55:8

II. REPENTANCE

JEREMIAH 29:11

Father I know that there has to be more to my life. I know that your word says in Jeremiah 29:11 that you have plans for me, plans for me to prosper, to give me hope in the future. I trust your plans, and I pray for restoration over every broken area of my life. Father I loose the chains of bondage that have kept me on a repeated loop in my life. Right now I walk in the power and authority you give me, as your word states in Luke 10:19.

I break every cycle of setback and delay that has hindered my progress in my life in the name of Jesus. Father just as you delivered David in Psalm 30, would you deliver me now. I repent and renounce all sin that leads to demonic influence and distraction. I call in the name of Jesus now as I seek deliverance from evil. (Acts 2:21)

I curse the spirit of setback and delay to the root, and I command it to leave my life and bloodline immediately! I sever every demonic covenant, soul tie, agenda and evil altar working to hinder my life. I bind the spirit of anti-progress and I command it to be broken off of my bloodline in the name of Jesus. Father your word says that you have given us authority to bind things in the heavens and the earth (Matthew 16:19). I thank you for allowing me to come to you and repent. I seal this prayer with the blood of Jesus and I praise you for making me new.

In Jesus name, Amen.



SUR·REN·DER
/sə'rendər/

verb
1. the choice to give up the fight between our selfish, sinful man and God.

Surrender is often portrayed as a sign of weakness or struggle, but it is actually the exact opposite when it comes to our walk with Christ. When we take all of our plans, broken pieces, hope and accomplishments and surrender them to Christ we are left with something more beautiful than we could have ever imagined. Redemption. While it seems ironic, it is true! Redemption can only take place after surrender. If you were to "redeem" a coupon, you would have to surrender that coupon over to the cashier first. We find a hidden gem of hope when we surrender to Christ. It is during those moments of capitulation that God is able to use us in ways we could have never imagined. When you open your hands and let go of what was, then and only then, will you be able to fully grasp and receive the new.

"Israel, put your hope in the LORD, for with the LORD is unfailing love and with him is full redemption."

Psalm 130:7 NIV.

III. SURRENDER

PSALM 30

"I will exalt you, Lord, for you lifted me out of the depths and did not let my enemies gloat over me. Lord my God, I called to you for help, and you healed me. You, Lord, brought me up from the realm of the dead; you spared me from going down to the pit."

Father as your word says, let it be done now in Jesus name. Holy Spirit cleanse me from the inside out, and fill every void inside of me with your fruits of the Spirit. Let your Holy Ghost fire consume every evil thing plaguing my progress. I break every word curse spoken over me and I repent for every word curse that has left my lips.

Forgive me Lord.

I speak your word now over my life, in Psalm 30 verse 1 that says "I will exalt you Lord, for you lifted me out of the depths and did not let my enemies gloat over me. Lord my God, I called to you for help and you healed me." Father just as you did for David in Psalm 30, let it be done for me. I cry out to you in surrender asking for a complete restoration in every area of my life, and I thank you in advance for what you're doing and I cover myself and this prayer in the blood of Jesus.

In Jesus name, Amen.



PE·TI·TION
/pə'tiSH(ə)n/

noun
1. a request made for something desired, especially a respectful or humble request, as to a superior or to one of those in authority; a supplication or prayer.

Did you know that the word of God encourages us to bring our petitions to the Lord? Asking for something that we desire is not a bad thing, the Lord wants us to ask and bring everything to Him. We see this in scripture many times when women would pray and ask the Lord for children or men would ask the Lord for victory in battle. Don't grow weary in asking, but let your faith grow with each request standing firm in the word of God. Jesus shares a parable in Luke 18:1-8 that tells the story of a woman who was persistent with her request. Eventually her plea was heard and judgment was granted in her favor! When we bring our petitions to the throne room, God's promise is that He hears and listens to us! [Jeremiah 29:12-13, 1 John 5:15]

"And I will do whatever you ask in My name, so that the Father may be glorified in the Son. If you ask Me for anything in My name, I will do it."

John 14:13-14 NIV.

IV. PETITION

PSALM 143:1, 7-8

Father, I praise you for being a dad who listens. I thank you for always hearing my prayers! You are holy, mighty and all powerful. You are greatly to be praised! I know you are working even when I don't see or feel it and I trust you. Father as your word says (Philippians 4:6)
I am bringing my petitions to you.

[List your petitions on page 18]

Father I lift these things to you in faith that you will restore everything that was wrongfully stolen from me, as well as everything that I forfeited in result of my own sins (Joel 2:25-32) Father, help me to fix my eyes on you daily. I admit, I find myself struggling to focus on you and I begin to carry burdens far too heavy for me. I want to give these burdens over to you because your word says your yoke is easy and your burden is light. (Matthew 11:30)
Please lift this heaviness from my shoulders and help me Holy Spirit, to outfit myself in the garment of praise. Father I thank you and praise you for your love and your kindness. I pray your will be done in my life. I declare that peace and joy will immediately spring forth in my life!
I love and trust you in every way. I pray all these things
In Jesus name, Amen.



RE·MEM·BER
/rə'membər/

verb
1. have in or be able to bring to one's mind an awareness of (someone or something that one has seen, known, or experienced in the past)

Many times throughout scripture we see people asking God to remember them, or we hear of God remembering one of His children.

[Exodus 2:24, Genesis 39:2, Psalm 105:8, Genesis 8:1, Genesis 30:22]

What follows quickly after His remembrance is restoration and blessing! What is beautiful about this is that God never forgot, and although sometimes that is how it feels, we can have faith in knowing that His plan is always to give us more than we could have ever asked for. We can also ask the Lord to cause others to remember us, maybe you went above and beyond at work, or you gave resources to a friend or family. Scripture shows us of times when the Lord shows favor to His children by causing an individual to recall an action and reward them greatly. [Esther 6:2, 2 Samuel 9]

"Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,"

Ephesians 3:20 NKJV.

V. REMEMBRANCE

1 SAMUEL 1:11

Heavenly father, I come to you now just as Hannah did in 1 Samuel 1:11, and I ask that you remember me Lord and not forget me. Father as I bring my petitions to you, would you remember all of the things that I have done to serve you.

May my name be brought up in rooms when I am not around like Mordecai in the book of Esther (Esther 6:2) Father as I believe in you for your restoration, I pray that justice and recompense come to me speedily. Father I pray your perfect peace over my life and I declare that nothing is missing, lacking or broken. Father if my bloodline has any generational blessings I loose them now in the name of Jesus. I bind and break off every generational curse of abandonment, rejection, pride, rebellion, anger and dishonesty. Father I know that you are the God who remembers His children. Whenever you restore, you make better than new, so I bind myself to your word and plan for restoration in my life. Thank you for your grace and mercy that is new every morning, as your word reveals in Lamentations 3:22-23. I praise you for your promises and your faithfulness.

I thank you for your word that shows me that you never begin a story without completing it! You are so amazing Father! Thank you for remembering me always. I pray all these things

In Jesus name, Amen.



DEC·LA·RA·TION
/ˌdeklə'rāSH(ə)n/

noun
1. meaning "to make known," "set forth,".

Declarations are forceful. They show satan that we are not messing around and it reminds our flesh of the power and authority we have to call things that are not as though they are! When we declare a thing, we are letting it be known in the Heavens and the earth that our mind is made up and we are setting forth towards the fulfillment of what we just declared.

Even when our situation looks bad, or things are not going in the direction of our promise, when we choose to declare goodness over our situation, that declaration is heard all over the earth. It is important that we not only ask God to change our situation, but that we say out loud what we know is coming to pass, especially when we don't see it. [1 Kings 18:41]

"You will also declare a thing, and it will be established for you; so light will shine on your ways."

Job 22:28 NKJV

VI. DECLARATION

ISAIAH 44

Heavenly father thank you for choosing me. Thank you for seeing past every flaw and hiccup and still choosing me as your child. Father as I read your word in Isaiah 44 over myself, I decree and declare this word is my portion. Holy spirit fix my ears to listen, and my eyes to see all of the things you are doing for me during this restoration process. Order my steps Holy Spirit to follow as you lead. Nudge me to do all of the things you have placed on my heart. Father just as you chose the Israelites in Isaiah 44, I know you have chosen me. Your word says that you formed me in the womb and since you formed me, you will help me.

I decree and declare your help when it comes to everything I am believing in you for. As you restore me, would you pour out water on every dry area in my life. (Isaiah 44:3) Father I pray that this restoration continues for generations after me. May you pour out your spirit on my offspring and bless my descendants.

[Write out your decrees and declarations on page 19]

Father let these things which I have named spring forth like grass in a meadow by flowing streams. I bind myself to your word which cannot return void and I seal these decrees with the blood of Jesus.

In Jesus name, Amen.



PROM·ISE
/ˈpräməs/

noun
1. a declaration or assurance that one will do a particular thing or that a particular thing will happen

Every promise from the Lord is Yes and Amen. Isn't that so refreshing to know that He is a God who keeps His promises? In life we can get so busy with work, home and children that we begin to lose focus of our promises. Once we identify a promise from the Lord, it is imperative that we write it down so that we don't lose sight of it!

What if you are not hearing the Lord speak to you? It can be scary walking through a season where you are not hearing the Lord communicate with you. Thankfully the Holy Spirit is always speaking through scripture, we can read through promises and covenants that God has given His children and stand firm in faith that if He fulfilled His promises then, He will do the same for us.

"God is not a man, so he does not lie. He is not human, so he does not change his mind. Has he ever spoken and failed to act? Has he ever promised and not carried it through?"

Numbers 23:19 NLT.

VII. PROMISES

JEREMIAH 30

Father thank you that you are a God who fulfills every promise. (Numbers 23:19) I praise you for your faithfulness, you caused the sun to rise every single day and I know that if you've always been faithful to your covenant with the Son, you'll be faithful to me. Father I speak your word over my life that I have read in Jeremiah 30. Father as you have instructed I will write down everything that you have spoken to me. Every promise you have set I will write down.

Father you have promised me restoration just as you did the children of Israel in Jeremiah 30:3. Thank you for your faithful provision and for your promise to save me. (Jeremiah 30:7) Father I bring you every yoke in bond that is still tying me down and I pray that you will remove these things immediately from my neck. (Jeremiah 30:8) As you have declared, I will not be afraid (Jeremiah 30:10)

[Write down your promises from God on page 20]

I thank you now for the promises you have made to me and I promise to wait on you. (Isaiah 40:31) Dad your word says in Luke 1:45 that blessed is she who has believed that the Lord would fulfill his promises to her! So I will proclaim these promises and declare that I am blessed!

In Jesus name, Amen.



PREP·A·RA·TION
/ˌprepəˈrāSH(ə)n/

noun
1. the action or process of making ready or being made ready for use or consideration.

Have you begun to prepare for the promise you are trusting God for? Preparation will look different depending on the situation, but it is important that we do prepare so that when the time comes, we are ready to receive our promise. Think about it, anything that has significant value goes through a season of preparation. Everything from the soil for seeds that will soon be food, to holiday dinners designed for the entire family. A great work of planning is encouraged in order to see success. Maybe you are waiting for a child, or a new job, a spouse...whatever you are anticipating from God, begin to prepare now. This goes hand in hand with surrender, when we surrender what we think or expect, the Holy Spirit begins to mold our character into one suitable to handle every amazing thing God has planned.

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."

John 14:16 NKJV.

VIII. PREPARATION

JOSHUA 1:10

Heavenly father you are amazing, I can see all of the things you are working on and I am so thankful for your grace and your love as you position me into what you have next for me. I praise you for breaking off the spirit of setback and delay from my life. Father I pray that you would advance me to where I should be at this time in my life. I command everything that is slowing me down from the ground loose its grip off of me now in the name of Jesus. Father would you make my feet as Hinds feet so that I can run the race set before me. (Habakkuk 3:19)

As I walk into the promises that you have for me, Father I pray that you keep me under your wing and protect me from dangers seen and unseen. I rebuke all doubt and fear from my mind. I cast down every imagination that would exalt itself above you. I break the spirit of rejection and distraction off of my life indefinitely in the name of Jesus. I commit every part of me to you.

Father just as you instructed the children of Israel to prepare before they enter their promised land, so will I. Holy Spirit show me all of the things I need to work on and prepare. Anoint my head with oil and fill me with the spirit of mind! I cover myself, my mind, my business, my family and my house in the blood of Jesus.

I praise you for making all things new,

In Jesus name, Amen.

WRITING OUT MY

PRAYERS

DATE

Petitions

DATE

I Decree and Declare

DATE

Promises



Oh Hey!

COURTNEY HERE

In 2020 I was having a successful year business wise, but spiritually I was malnourished. If I am honest, I was upset with God, I felt my personal life was crumbling and He was sitting in the sky laughing at me, blaming me, for all of my sin and mistakes. I turned my back to God and lived the life I thought I wanted. I was making time for ME, living wild, drinking and sleeping around. I was not the mother or person I used to be. Eventually I found myself pregnant with my fourth child, and I was even more lost. I gave up my rebellious ways and gave my life back to Christ inside of my tiny two bedroom apartment.

BUT SOON TRAGEDY STRUCK

Less than 24 hours after turning back to Christ, I was driving home from work and my vehicle was struck by a pick up truck. I was spun around twice and landed within two feet of a brick wall. My life was spared and I walked away untouched physically, but spiritually that encounter started an all out war. I went through a series of spiritual attacks, mainly in my sleep, that brought me running to the Lord's feet. What the enemy meant for evil and to scare me, God turned it for good and I sought the Lord like never before.

BECAUSE OF HIS GRACE

I have become closer to the Father than ever before! I have experienced His power, His love, joy, peace, and favor. God has restored everything that I lost and more. He has changed my heart and my attitude completely. I am so grateful and thankful that the Lord never gave up on me!

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TEACHING MOTHERS TO BE BOLD.